

Protecting Your Eye Health

Regular Eye Exams Can Help Detect Health Issues Early



Your vision and eye health can have a big impact on your overall quality of life. It's important to see an eye doctor regularly, because routine checkups can help detect and prevent serious health issues down the line. With your Vision insurance from The Standard, you may be covered for an annual eye exam – an important benefit to take advantage of, even if you don't wear glasses or contact lenses.

The Importance Of Regular Eye Health Exams

- In a recent survey, 82 percent of respondents used some form of vision correction. More than a fifth of all respondents hadn't visited an eye doctor or eye care specialist within the past two years.¹
- The American Optometric Association recommends that children should receive their first eye exam within their first year of life.²
- Worldwide, 285 million people are blind or have moderate to severe vision impairment.³
- Eighty percent of all vision impairment can be prevented or cured.⁴
- Glaucoma is a leading cause of blindness in the U.S. Because the disease may have no symptoms, early detection through regular, comprehensive eye exams is essential to improving outcomes.⁵

Finding An Eye Health Provider

To find the right eye care provider, start by checking your vision network's website for optometrists or ophthalmologists in your area, or ask family, friends, neighbors, co-workers or medical professional for a recommendation.



Looking For More Information?

Please contact your human resources/benefits department for enrollment information. You can also learn about your Vision plan at www.standard.com.

¹ American Optometric Association, 2012 American Eye-Q[®] Survey

² American Optometric Association, <http://www.aoa.org/documents/RFS%20The%20Equation%20is%20Simple.pdf>. Accessed March 29, 2013.

³ World Health Organization, Vision Impairment And Blindness Fact Sheet, June 2012. <http://www.who.int/mediacentre/factsheets/fs282/en/>. Accessed March 28, 2013.

⁴ World Health Organization, Vision Impairment And Blindness Fact Sheet, June 2012. <http://www.who.int/mediacentre/factsheets/fs282/en/>. Accessed March 28, 2013.

⁵ American Optometric Association, 2011

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