

Do I need to go to the ER?

Hospital emergency rooms (ERs) are staffed to focus on medical emergencies.

ERs are not staffed to focus on minor injuries, illness or routine health care. If you go to the ER for a problem that is not an emergency:

- You may spend a lot more time in the ER than you would during a telehealth visit or at a doctor's office or other care facility.
- It will cost more than it would for a telehealth visit or at another health care facility.

Typical Cost

Telehealth	\$
Doctor's Office	\$\$
Retail Health Clinic	\$\$
Urgent Care Facility	\$\$\$
Emergency Room	\$\$\$\$\$



Know your ER alternatives before you need them!

Talk with your provider. Find out if he or she has extended hours and ask for recommendations for an ER alternative located near you and your family. Planning ahead can save you money and time.