NBA BENEFIT PLANS

\$500 Deductible Plan

Schedule of Benefits Summary

Effective January 1, 2024





NBA BENEFIT PLANS CONTACTS

Please note: This Schedule of Benefits Summary is intended to provide you with a brief overview of your benefits. It is not a contract and should not be regarded as one. In the event there are discrepancies between this document and the contract, the terms and the conditions of the contract will govern.

For more information about the NBA Benefit Plans and to access additional copies of the Benefits Summaries and the Benefit Coordinator login, visit **nebankers.org/benefit-plans**.

Phone: (888)-419-8322 or (402)-474-4376

For questions in their respective areas of expertise, please contact:

Karen (KC) Coufal | Vice President

- Assists members in the claim adjudication process whenever necessary and works closely with the insurance carrier personnel on enrollment changes and/or claims issues
- Emails pertinent information to members relating to carrier coverage updates
- Coordinates preparations for NBA VEBA Board meetings
- Oversees and manages activities related to the NBA Benefit Plans program
- Supervises Assistant Vice President (Jennifer) and Billing/Accounting Coordinator (James)

Jennifer Muehlhausen | Assistant Vice President-Active Enrollment

- Administrative assistance: New enrollment and enrollment changes; carrier liaison
- Enrollment and eligibility: Health, Dental, Vision, Life and Disability
- Online Portal: Assistance, training and navigation
- Life and Disability claims
- Bank Coordinator training

James Strickland | Billing/Accounting Coordinator

- Annual and monthly bank billing statements
- Accounts receivable and payable processes: Deposits, issuing checks, balancing bank statements and all month-end and year-end procedures
- Terminations and liaison with Navia on COBRA administration
- Active enrollment for the AD&D and Supplemental Benefits programs
- Back-up for active enrollment activities: Health, Dental, Life and Disability coverages

Kathy Reiss | Member Bank Education Coordinator

- NBA-member bank liaison: visits member banks across Nebraska to explain current benefits and promote additional benefits to Bank Coordinators and CEO/President
- Educate member banks about methods to maximize cost savings from NBA Benefit Plans
- Obtain feedback from Bank Coordinators and upper management on how they can be better served by the NBA Benefit Plans program

Scott Yank | Executive Vice President & CFO, NBISCO

- Oversees all operations of Nebraska Bankers Insurance & Services Corporation (NBISCO), including NBA Benefit Plans
- Oversees the financial operations of NBA and related organizations
- Ensures the compliance of NBA Benefit Plans
- Coordinates discussions between NBA Benefit Plans and NBA VEBA Board

Covered Services are reimbursed based on the allowable charge. Blue Cross and Blue Shield of Nebraska In-Network Providers have agreed to accept the benefit payment as payment in full, not including deductible, coinsurance and/or copayment amounts and any charges for non-covered services, which are the covered person's responsibility. That means that In-Network Providers, under the terms of their contract with Blue Cross and Blue Shield, can't bill for amounts over the contracted amount. In some situations, Out-of-Network Providers can bill for amounts over the out-of-network allowance.

In-Network Provider: The provider network is shown on your I.D. card. For help in locating In-Network Providers, visit **NebraskaBlue.com/Find-a-Doctor**.

Payment for Services	In-Network Provider	Out-of-Network Provider
Deductible		
(the amount the covered person pays each calendar		
year for covered services before the coinsurance is		
payable)		
Individual	\$500	\$1,000
Family (Embedded*)	\$1,000	\$2,000
Coinsurance		
(the percentage amount the covered person must pay		
for most covered services after the deductible has been		
met)		
Covered person pays	25%	50%
Plan pays	75%	50%
Out-of-Pocket Limit (includes: deductible, coinsurance		
and copays; does not include: premium, penalty and		
amounts not covered by the plan)		
Individual	\$2,500	\$5,000
• Family	\$5,000	\$10,000

In-network and out-of-network deductible and out-of-pocket limits cross accumulate. All other limits (days, visits, sessions, dollar amounts, etc.) do cross accumulate between in-network and out-of-network, unless noted differently.

Day, session or visit limits for certain services shown on this summary are not applicable to mental illness and/or substance dependence and abuse.

Once the annual out-of-pocket limit is reached, most covered services are payable by the plan at 100% for the rest of the calendar year.

*Embedded – If you have single coverage, you only need to satisfy the individual deductible and out-of-pocket limit amounts. If you have family coverage, no one family member contributes more than the individual amount. Family members may combine their covered expenses to satisfy the required family deductible and out-of-pocket amounts.

Copayment(s) [copay(s)] apply to:

• Prescription drugs

The copay amount varies by the type of covered service. Refer to the appropriate category for benefit information.

Services may require preauthorization. Failure to obtain preauthorization will result in a denial of benefits.

Covered Services – Illness or Injury	In-Network Provider	Out-of-Network Provider
Physician Office		
Primary care physician office visit	Deductible and Coinsurance	Deductible and Coinsurance
 Specialist physician office visit 	Deductible and Coinsurance	Deductible and Coinsurance
 Other covered services and supplies 		
provided in the physician's office	Deductible and Coinsurance	Deductible and Coinsurance
(with or without an office visit billed)		
Allergy injections and serum	Deductible and Coinsurance	Deductible and Coinsurance
Other injections	Deductible and Coinsurance	Deductible and Coinsurance
Convenient Care/Retail Clinics (Quick	Same as a primary	Deductible and Coinsurance
Care)	care physician	
Urgent Care Facility Services	Deductible and Coinsurance	Deductible and Coinsurance
Telehealth/Virtual Care Services		
Medical	Deductible and Coinsurance	Not covered
Mental health	See mental health and/or	Not covered
	substance use disorder services	
Emergency Room Services (services		
received in a hospital emergency room		
setting)		
• Facility	Deductible and Coinsurance	In-network level of benefits
Professional Services	Deductible and Coinsurance	In-network level of benefits
Outpatient Hospital or Facility Services		
Services such as surgery, laboratory and	De describle en d'Ocimenne	De de stilele en d'Orine
radiology, cardiac and pulmonary	Deductible and Coinsurance	Deductible and Coinsurance
rehabilitation, observation stays, and other		
services provided on an outpatient basis Inpatient Hospital or Facility Services		
Charges for room and board, diagnostic testing, rehabilitation and other ancillary	Deductible and Coinsurance	Deductible and Coinsurance
services provided on an inpatient basis		
Orthopedic Specialty Hospital or Facility		
Services	Deductible and Coinsurance	Deductible and Coinsurance

NOTE: Deductibles and coinsurance may be waived if covered services are provided at a designated preferred Center. See **NebraskaBlue.com/PreferredCenters** for a list of covered services and designated hospitals.

Primary care physician is a physician who has a majority of his or her practice in internal or general medicine, obstetrics/gynecology, general pediatrics or family practice. A **physician assistant** is covered in the same manner as a primary care physician.

Specialist physician is a physician who is not a primary care physician.

Office visit benefits for primary care and specialist physician office visits include office visits (including the initial visit to diagnose pregnancy) and consultations.

Physician office services include but are not limited to: office visits, X-ray, laboratory and pathology services; allergy testing, injections and serums; supplies and/or drugs administered during the office visit; hearing exams or eye exams due to illness or injury excluding refractions.

Other covered services not part of the physician office benefit (refer to the appropriate category for benefit information) include: Advanced diagnostic imaging (CT, MRI, MRA, MRS, PET and SPECT scans and other nuclear medicine); pregnancy services, preventative services; radiation therapy and chemotherapy; surgery and anesthesia; therapy and manipulations; durable medical equipment; sleep studies; biofeedback; mental health and substance use disorders.

Preventative Services	In-Network Provider	Out-of-Network Provider
Preventative Services • Affordable Care Act (ACA) required preventative services may be subject to limits that include, but are not limited to, age, gender and frequency)	Plan pays 100%	Plan pays 100%
 ACA required covered preventative services (outside of limits) Other covered preventative services not required by ACA, such as: 	Plan pays 100%	Plan pays 100%
 Laboratory tests as specified by Us, including urinalysis and complete blood count; general health panel; metabolic panel; prostate cancer screening (PSA) and hearing exams 	Plan pays 100%	Plan pays 100%
 All other laboratory tests; radiology, cardiac stress tests; EKG; pulmonary function and other screenings and services 	Plan pays 100%	Plan pays 100%
Immunizations		
 Pediatric (up to age 7) 	Plan pays 100%	Plan pays 100%
 Age 7 and older 	Plan pays 100%	Plan pays 100%
Related to an illness	Same as any other illness	Same as any other illness
Colorectal Cancer Screenings		
(starting at age 45)		
 Colonoscopy screening Diagnostic or preventative screening (one every five years) 	Plan pays 100%	Deductible and Coinsurance
 Screenings outside the age or frequency limit 	Same as any other illness	Deductible and Coinsurance
 Sigmoidoscopy/Proctoscopy screening Preventative Screening (one every five years) 	Plan pays 100%	Deductible and Coinsurance
 Screenings outside the age or frequency limit Barium enema, fecal occult blood tests, FIT DNA, CT of the colon and other tests as determined under ACA Preventative Services 	Same as any other illness	Deductible and Coinsurance
Preventative services	Plan pays 100%	Deductible and Coinsurance
o Diagnostic screenings	Same as any other illness	Deductible and Coinsurance
NOTE: Related services will pay in the same manne		

NOTE: Related services will pay in the same manner as the colorectal cancer screening when performed on the same date of service. Screening limits accumulate based on a calendar year.

Mental Illness and/or Substance Dependence and Abuse Covered Services	In-Network Provider	Out-of-Network Provider
Inpatient Services	Deductible and Coinsurance	Deductible and Coinsurance
Outpatient Services		
Office services	Deductible and Coinsurance	Deductible and Coinsurance
 Telehealth/virtual care services 	Deductible and Coinsurance	Not covered
 All other outpatient items & services 	Deductible and Coinsurance	Deductible and Coinsurance
Office services include office visits, medication checks, psychological therapy and/or substance use disorder		
counseling, x-rays, laboratory tests, supplies and/or drugs administered during the office visit.		
Other covered services not part of the office benefit service are covered under all other outpatient items &		
services. This includes but is not limited to: psychological evaluations, assessments, testing, physical therapy,		
occupational therapy, speech therapy or any other covered mental health and/or substance use disorder services.		
Emergency Care Services (services received in a		
hospital emergency room setting)		
• Facility	Deductible and Coinsurance	In-network level of benefits
 Professional services 	Deductible and Coinsurance	In-network level of benefits

Other Covered Services – Illness or Injury	In-Network Provider	Out-of-Network Provider
Acupuncture	Not covered	Not covered
Advanced Diagnostic Imaging (CT, MRI,		
MRA, MRS, PET & SPECT scans and other	Deductible and Coinsurance	Deductible and Coinsurance
nuclear medicine)		
Ambulance (to the nearest facility for		
appropriate care)		
Ground ambulance	Deductible and Coinsurance	In-network level of benefits
Air ambulance	Deductible and Coinsurance	In-network level of benefits
Autism Spectrum Disorder		
Testing and diagnosis	Same as mental health	Same as mental health
Treatment	Same as mental health	Same as mental health
Biofeedback	Deductible and Coinsurance	Deductible and Coinsurance
Dermatological Services	Same as any other illness	Same as any other illness
Diabetic Services		
Services include education, self-management	Deductible and Coinsurance	Deductible and Coinsurance
training, podiatric appliances and equipment		
Durable Medical Equipment and		
Supplies (including Prosthetics)	Deductible and Coinsurance	Deductible and Coinsurance
(rental or purchase, whichever is least costly;	Deductible and Comsurance	Deductible and Comsurance
rental shall not exceed the cost of purchasing)		
Hearing Services		
 Bone anchored hearing aids 	Deductible and Coinsurance	Deductible and Coinsurance
 Cochlear implants 	Deductible and Coinsurance	Deductible and Coinsurance
 Hearing aids (up to age 19, limited 	Deductible and Coinsurance	Deductible and Coinsurance
to \$3,000 every 48 months)		
Home Health Care Services		
 Home health aide (limited to 60 	Deductible and Coinsurance	Deductible and Coinsurance
days per calendar year)		
Home infusion therapy	Deductible and Coinsurance	Deductible and Coinsurance
Skilled nursing care (limited to 8)	Deductible and Coinsurance	Deductible and Coinsurance
hours per day)		
Respiratory care (limited to 60 days)	Deductible and Coinsurance	Deductible and Coinsurance
per calendar year)		
Hospice Services	Deductible and Coinsurance	Deductible and Coinsurance
Independent Laboratory		
Diagnostic	Deductible and Coinsurance	In-network level of benefits
5		
Preventative	Same as preventative services	Same as preventative services
113731144173	in-network level of benefits	in-network level of benefits
Infertility		
Services to diagnose	Same as any other illness	Same as any other illness
Treatment to promote fertility	Not covered	Not covered
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Other Covered Services – Illness or Injury	In-Network Provider	Out-of-Network Provider
Nicotine Addiction		
Medical services and therapy	Same as substance use disorder services	Same as substance use disorder services
 Nicotine addiction classes & alternative therapy, such as acupuncture 	Not covered	Not covered
Obesity		
Non-surgical treatmentSurgical treatment	Not covered Deductible and Coinsurance	Not covered Deductible and Coinsurance
Oral Surgery and Dentistry		
Services such as: impacted wisdom teeth; incision and drainage of abscesses; excision of tumors and cysts; and bone grafts to the jaw IV sedation for oral surgery and to remove	Deductible and Coinsurance	Deductible and Coinsurance
impacted teeth. Dental treatment when due to an accidental injury to naturally healthy teeth (treatment related to accidents must be provided within 12 months of the date of injury)		
Organ and Tissue Transplantation	Deductible and Coinsurance	Deductible and Coinsurance
Ostomy Supplies	Deductible and Coinsurance	Deductible and Coinsurance
Physician Professional Services Inpatient and outpatient services, such as: surgery, surgical assistant, anesthesia, inpatient hospital visits and other non- surgical services	Deductible and Coinsurance	Deductible and Coinsurance
Pregnancy, Maternity and Newborn		
 Pregnancy and maternity (payment for prenatal and postnatal care is included in the payment for the delivery) 	Deductible and Coinsurance	Deductible and Coinsurance
Newborn care (Newborns are covered at birth, subject to the plan's enrollment provisions.)	Deductible and Coinsurance	Deductible and Coinsurance
NOTE: The plan pays 100% for the initial postpartum depression screening up to one year following a pregnancy or childbirth.		
Radiation Therapy and Chemotherapy	Deductible and Coinsurance	Deductible and Coinsurance
Radiology (X-ray) Services and other Diagnostic Test	Deductible and Coinsurance	Deductible and Coinsurance
Rehabilitation Services – Inpatient Facility	Deductible and Coinsurance	Deductible and Coinsurance

Other Covered Services – Illness or Injury	In-Network Provider	Out-of-Network Provider	
Rehabilitation Services			
 Cardiac rehabilitation (limited to 18 sessions per diagnosis) 	Deductible and Coinsurance	Deductible and Coinsurance	
 Pulmonary rehabilitation (Chronic lung disease is limited to 18 sessions per 	Deductible and Coinsurance	Deductible and Coinsurance	
diagnosis, not to exceed 18 sessions per calendar year. Lung, heart-lung transplants and lung volume are limited to 18 sessions following renewal and prior to surgery plus 18 sessions within six months of discharge from			
hospital following surgery.)			
Renal Dialysis	Deductible and Coinsurance	Deductible and Coinsurance	
Sexual Dysfunction	Deductible and Coinsurance	Deductible and Coinsurance	
Skilled Nursing Facility (limited to 60 days per calendar year)	Deductible and Coinsurance	Deductible and Coinsurance	
Sleep Studies	Deductible and Coinsurance	Deductible and Coinsurance	
Temporomandibular and Craniomandibular Joint Disorder	Deductible and Coinsurance	Deductible and Coinsurance	
Therapy & Manipulations			
Physical, occupational or speech therapy services, chiropractic or	Deductible and Coinsurance	Deductible and Coinsurance	
osteopathic physiotherapy (combined limit to 60 sessions per calendar year) • Chiropractic or osteopathic manipulative treatments or adjustments (combined limit to 30 sessions per calendar year)	Deductible and Coinsurance	Deductible and Coinsurance	
NOTE: Treatment limits stated for physical therapy, occupational therapy and speech therapy services are not applicable to treatment provided for mental health or substance use disorders. Evaluations are covered and do not apply to the combined calendar year limit.			
Vision Services			
Eyeglasses or contact lenses (only covered if required because of a change in prescription as a result of intraocular surgery or ocular injury) must be within 12 months of surgery or	Deductible and Coinsurance	Deductible and Coinsurance	
injury • Vision Exam			
 Diagnostic (to diagnose an illness) Preventative (routine exam including refraction) limited to one exam per calendar year 	See physician office services Not covered	See physician office services Not covered	
Voluntary Abortions	Not co	ı vered	
	(Unless necessary to safeguard the life of the woman, or that the unborn child's viability was threatened by continuation of the pregnancy)		
Wigs	Not covered	Not covered	
All Other Covered Comitees	Deductible and Cainauranae		

Deductible and Coinsurance

Deductible and Coinsurance

All Other Covered Services

Prescription Drugs	In-Network Provider	Out-of-Network Provider
Retail – per 30-day supply Preferred generic drugs (including non-formulary contraceptives)	\$10 copay	50% Coinsurance
Non-preferred generic drugs	50% Coinsurance, \$25 min Copay, \$50 max Copay	50% Coinsurance
Preferred brand name drugs	25% Coinsurance, \$25 min Copay, \$50 max Copay	50% Coinsurance
Non-preferred brand name drugs	50% Coinsurance, \$50 min Copay, \$75 max Copay	50% Coinsurance
 Home Delivery – per 30-day supply Preferred generic drugs (including non-preferred contraceptives) 	\$10 Copay	Not covered
Non-preferred generic drugs	50% Coinsurance, \$25 min Copay, \$50 max Copay	Not covered
Preferred brand name drugs	25% Coinsurance, \$25 min Copay, \$50 max Copay	Not covered
Non-preferred brand name drugs	50% Coinsurance, \$50 min Copay, \$75 max Copay	Not covered
Specialty Drugs (specialty drugs must be purchased through a designated pharmacy after one fill)	Applies to both preferred & non- preferred specialty:	
Preferred specialtyNon-preferred specialty	25% Coinsurance, \$100 min Copay, \$150 max Copay	Not covered Not covered
 Contraceptive Drugs Preferred generic Preferred brand name Non-preferred generic Non-preferred brand name 	Plan pays 100% Plan pays 100% Same as any other of Same as any other non-prefer	50% Coinsurance 50% Coinsurance generic drugs
 Diabetic Insulin Preferred generic Preferred brand name Non-preferred generic Non-preferred brand name 	Plan pays 100% Plan pays 100% Same as any other o Same as any other non-prefe	
Infant Formulas*	50% Coinsurance, \$50 min Copay, \$75 max Copay	50% Coinsurance
Infertility (FDA approved prescription drugs to promote fertility)	Not covered	Not covered
Nicotine Addiction (FDA approved prescription drugs and overthe-counter nicotine addiction drugs and deterrents)	Plan Pays 100%	50% Coinsurance
Obesity (FDA approved prescription drugs)	Not covered	Not covered

This plan uses a prescription drug list (PDL). The PDL for this plan is PDL20, and the pharmacy network is Network C. You can find this prescription drug list and network listing on NebraskaBlue.com/Pharmacy. Or you may contact Member Services at the phone number on the back of your I.D. card.

*Infant Formulas: Infant Formulas are a category of drugs that are limited to: Neocate, Elecare, Cyclinex-1, Cyclinex 2, Pro Phree and Vivonex. Benefits are payable for these drugs. See the summary above.

ADDITIONAL BCBS RESOURCES

To access NBA Benefit Plans Blue Cross and Blue Shield (BCBS) forms, as well as additional resources and information, please visit:

nebankers.org/benefit-plans

From there, click on "BCBS Links" under the "Other Information" heading. Additional BCBS-member tools can be found in the myNebraskaBlue Online Resource Center.

In the BCBS Resource Center, you can:

- Find in-network providers and estimate costs of care
 - o Search for doctors, hospitals and dentists
 - Locate in-network pharmacies and search covered medications
 - Estimate costs of medical services
- View your benefits details
 - o Review your benefits, copays, coinsurance and out-of-pocket costs
 - o Download your mobile or printable ID card
 - o Manage medications and see prescription claim history
 - Set up home delivery for prescriptions
- View current costs and claims
 - o Review your claims history and track claims status
 - o Review your Explanation of Benefits (EOB) documents
 - o Authorize access to others
 - o Sign up for email notifications